

Post *Pink* Peel Instructions

Immediately following the peel, skin may look slightly pink or yellow. The yellow color is due to the Retinoic Acid included in the formulation; it is temporary and will fade in minutes.

Day One:

*Do not wash, touch t apply makeup to the treated areas for 4 hours.

*However, if you do have itching or irritation prior to the 4 hour time period, you may wash treated areas with a mild cleanser, such as Cetaphil or Skinceuticals Gentle Cleanser. Do not rub treated areas with anything harsh or exfoliating scrubs.

*Makeup can be applied over treated areas in 4-6 hours if needed. However, its best to avoid makeup during active peeling.

*Wash treated areas on the first night. No moisturizer.

Day Two:

*Wash face before bedtime with a mild cleanser.

*If you feel extremely dry or itchy, you may begin using moisturizer. Skinceuticals Epidermal Repair is formulated for the post peel procedures. If needed you may apply a very light layer of hydrocortisone 1% cream to relieve irritated areas.

Day Three:

*You will start the peeling process by seeing slight sloughing of the skin, first around the mouth, then following the rest of the treated areas. If treated, the neck, chest, back and hands will take slightly longer to start peeling, up to a week.

*After the peeling begins, apply moisturizer as often as necessary for the comfort or to hide any sloughing of skin. This will also aid in elimination of picking the peeling skin. You are advised to refrain from picking the skin so redness, irritation, and hyper-pigmentation do not occur.

*When washing skin treated areas morning and night, old skin will slough off. Wash and pat dry, then apply moisturizer.

Additional Tips:

Avoid sunlight as much as possible during the peel phase. For protection, Skinceuticals Fusion SPF 50 is an excellent sunscreen

Do not have any facial treatments for one week after you have complete peeling

It will take 4 days at the completion of your skin to go back to its normal PH balance. This is when your skin will start to look its best. At this time you may resume the regular use of products such as Retin A.

The skin's sensitivity to the sun is greatly increases after a *Pink* Peel. Sun exposure should be limited and adequate protection with proper sunscreen should always be used.

If you have any reactions or questions after hours please call:

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